

The Evidenced Based Evolving Model of Network Spinal Analysis

Ralph Boone, Ph.D., D.C.

Abstract

This presentation is an overview of research findings that are contributing to the evolving model of Network Spinal Analysis (NSA). In discussing the various research findings, the presentation will point out significant concepts or “milestones” that have become important in deriving the current NSA model. The NSA research program began in 1995. Research results from that program and other related studies published between 1996 and 1998 have provided evidence that NSA recipients show a variety of improvements. Aside from positive outcomes in studies concerning conditions such as asthma and psoriasis, a large retrospective study (n=2818) revealed significant positive health benefits and life style changes. These included improvement in physical state, mental/emotional state, stress evaluation, life enjoyment, and overall quality of life. Physiologically, NSA has been linked to providing a “sympathetic quieting effect,” as well as reducing the time required for cortical processing in a subject “learning” a new or “novel” motor activity. Other research has demonstrated that the nature of the Somatopsychic wave is non-linear, increasing in level of complexity in association with the levels of care, and holographic in nature. From these numerous research data thus far assessed, it is believed that:

NSA, through specific clinical methodology, elicits chaotic (non-linear) wave phenomena that engage specific neurophysiological processes that increase in self-organization over time. These processes include the active, passive, neurological, and emotional subsystems affecting spinal/neural integrity. The results of this process are reflected at the human perception level as improvements over a wide range of physical, mental, and emotional factors; all of which are believed to be components of health. These responses and expressions of improvement have been quantified as a “wellness coefficient” and measured through a non-medical health questionnaire format that demonstrates a high level of internal and external validity.